



Split & Cleaned LAZY LOBSTER

- Versatile Preparations - Good Plate Coverage
- Cold Water - Sea Sweet
- Hard Shell Only - Maximum Meat Yield
- "Easy Release" Process - No Sticking
- Fixed Portions - Exact Costing
- Only CO2 / Blast Frozen - Fresh Flavor
- 100% Natural - No Chemicals



Visit

(888) ROC-PORT
CALL US TOLL-FREE

RockportSeafood.com

Rockport Specialty Seafood, Inc. | 352 Park Street | Suite 205 | North Reading | MA 01864

Rockport Quality

Our assurance of quality means reliability and profit you can count on!

Rockport "Split & Cleaned" Cold Water Lazy Lobsters allow chefs to serve lobster with its natural in-shell presentation without all the hassles of live lobsters. Our product is split in half, the body eviscerated clean, claw & knuckle removed and precisely portioned. Rockport's easy-to-use, versatile product allows chef to create signature dishes. The body cavity can be filled with lobster meat, shrimp, crabmeat, scallops, or the Chef's favorite stuffing or sauce. Chefs receive a butchered lobster ready to create delicious signature dishes with exact plate costing. Shell out less, use Rockport Lazy Lobsters to cook up profits.

Success is a choice.
Choose Rockport.

Nutritional Information

Serving Size:

100 G / 3.5 oz. (Raw)

Amount Per Serving:

Calories	90
Fat Calories	9
Total Fat	1.0 g
Saturated Fat	0 g
Cholesterol	95 mg
Sodium	295 mg
Protein	19 g
Omega-3	NA g



Split & Cleaned LAZY LOBSTER

Selling Facts

Easy Preparation! Create versatile dishes with one or two halves. Guaranteed famous Rockport premium quality - no mushy tail meat. Meat peels easily from shell after cooking, precise portion control with exact cost per case. Natural in-shell presentation with uniform sizes. Exceptional good value in lobster.

Market Applications

Mid to up-scale hotels, clubs, independent restaurants, chains, banquets and catering. Executive dining, up-scale hospitals. Cruise lines, casinos and resorts.

Product Specifications

Wild Caught, North Atlantic Cold Water Lobster "Maine Lobster" (*Homarus americanus*) Hard Shell only, Graded, "Easy Release" processed, claws removed, split & cleaned, exact counts, all natural, no chemicals. Allergens: Shellfish, Gluten Free. Ingredients: Lobster, salt, water.

Product of Canada | Wild Caught

Rockport Split & Clean Lazy Lobster

10 lb., IQF, Finger Packed, EZ Release, Split & Cleaned, No Claws

ITEM #	FROM SIZE PRODUCT	LIVE SIZE POUNDS	1/2 PIECE AVE. FINISHED SIZE	1/2 PIECE AVE. PER CASE	UPC #	COST PER CASE	COST PER POUND	COST PER HALF
290015	CANNER	.75-1.00	4 oz +/-	36 ct	6 39663 62081 4			
290016	CHIX	1.01-1.25	5 oz +/-	28 ct	6 39663 62101 9			
290017	QUARTER	1.26-1.50	6 oz +/-	22 ct	6 39663 62121 7			
290018	HALVE	1.51-1.75	8 oz +/-	20 ct	6 39663 62141 5			
290019	SML SELECT	1.76-2.00	9 oz +/-	16 ct	6 39663 62161 3			
290020	MED SELECT	2.01-2.50	10 oz +/-	14 ct	6 39663 62181 1			
290021	LRG SELECT	2.51-3.00	12 oz +/-	12 ct	6 39663 62201 6			

Pack

Frozen, IQF, Bagged, UPC coded, box 17.80"x12"x3.74"

Case Cube: .46

Pallet Configuration: Tie-8/
High-9 = 72 per pallet

Gross Weight: 12 lb.

Net Weight: 10 lb.

Shelf Life: 48 months
from pack date.



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